

Dance Camp Timeline

If you join us for the Sleeping Beauty Camp this summer, this is what your day will look like.

Ages 4-6 - 90 minutes per day

Technique class - 45 minutes

Snack break - 10 minutes

Performance Choreography - 15 minutes

Craft or activity - 15 minutes

Clean-up - 5 minutes

Last day does in-studio performance for the final 15 minutes

Ages 7-9 - 3 hours per day

Technique Class - 75 minutes

Water break - 10 minutes

Performance choreography - 45 minutes

Snack Break - 10 minutes

Enrichment/Activity/Video - 35 minutes

Clean-up - 5 minutes

Last day does in-studio performance for the last 15 to 30 minutes

Ages 10 - 14 - 6 hours per day

Floor barre/conditioning - 60 minutes

Break - 10 minutes

Technique class - 90 minutes

Lunch (provided by parent) - 30 minutes

Performance choreography/variation - 60 minutes

Break - 10 minutes

Supplemental Classes - 40 minutes

Enrichment/Activity/Video - 60 minutes

Last Day does in-studio performance for the last 30 minutes

